



THE CAMPHILL SCHOOL

A community serving children with intellectual and developmental disabilities since 1963

Health and Safety Plan

Effective Date: June 28, 2021

Date of Last Update: June 21, 2021

This plan documents The Camphill School's plan for in-person instruction for all students, drawing on guidance and recommendations of the Centers for Disease Control (CDC), the Pennsylvania Secretary of Health, the Pennsylvania Department of Education (PDE), the Office of Developmental Programs (ODP), the Office of Children, Youth and Families (OCYF), the Chester County Health Department, and any other relevant agencies. This plan addresses strategies and procedures to be implemented to promote the health and safety of all students and staff as much as possible while ensuring The Camphill School meets its students' educational needs, and its students' and staff members' social, emotional, mental health, and other needs to the highest degree possible. We will continue to review public health guidance and to monitor local health data to assess implications for the operations of our school, including adjustments of this plan.

Table of Contents

1 Summary	3
2 Processes	5
2.1 COVID Response Team.....	5
2.2 Communication.....	5
3 Programming	6
4 Prevention and mitigation strategies and procedures.....	6
4.1 Face coverings, handwashing and respiratory etiquette.....	6
4.2 Physical distancing	6
4.2.1 General principles	6
4.2.2 Spaces.....	6
4.2.3 Excursions	7
4.3 Cleaning and ventilation	7
4.4 Monitoring student and staff health, testing, staying home and protocols for COVID-19 at the school	7
4.4.1 Definitions	7
4.4.2 Screening.....	8
4.4.3 Testing for COVID-19	9
4.4.4 Staying home when appropriate	9
4.4.5 Probable or confirmed case of COVID-19.....	10
4.4.6 Return to school	11
4.5 Vaccination against COVID	11
4.6 Visitors and volunteers.....	12
4.7 Return to school after vacation and travel	12

1 Summary

The sections where further details can be found are noted in parentheses.

- The school has established a **COVID Response Team** to provide guidance and leadership regarding the school's COVID-19 response. Members of the team will carry oversight of all aspects of this plan and communicate with all members of the school community (2.1).
- All staff, parents and other stakeholders will be **informed** of the contents of and changes to this plan and practical implications for the school program (2.2).
- We plan for the school to be **open for in-person instruction** following the strategies and procedures listed in this plan as long as there are no government mandates to close and as long as there are no COVID-19 outbreaks at our school that require us to temporarily close. In the case of closure of in-person classroom instruction, boarding students will remain on-campus to maintain opportunity of access to the educational program (3).
- Beginning in September 2021, the school will offer temporary **remote learning** for students who are well but need to quarantine because of exposure to COVID-19. The school will no longer offer an ongoing remote learning option throughout the school year.
- The wearing of face coverings is optional for students and staff, in accordance with Summer Camp Guidance issued by the Chester County Health Department on June 10, 2021 (4.1).
- The school will be cohorted into **units** consisting of several residential homes and classes each. Between members of different units, there should be no close contact (defined as being closer than 6 feet for at least 15 minutes cumulatively over a 24-hour period), to the highest degree possible (4.2.1).
- **Classrooms and other learning spaces** will be organized to allow for the highest degree of physical distancing possible. Communal indoor areas will be used only by one unit at a time, followed by a break before another unit is permitted to use the area (4.2.2).
- All excursions must follow orders and guidance by public health authorities. Close contact (defined as being closer than 6 feet for at least 15 minutes cumulatively over a 24-hour period) to members of the general public should not occur and therefore crowded settings need to be avoided. Masking needs to follow all applicable recommendations. For excursions to indoor venues, parents should be informed prior to the excursion and be given an opportunity to express questions or concerns (4.2.3).
- All buildings on the school's campuses will be subject to **cleaning** in accordance with CDC guidance and regular cleaning and ventilation procedures will be implemented (4.3).
- All students and staff will be **screened or screen** themselves for symptoms associated with COVID-19 at the beginning of the day. If screening is positive, student or staff will stay at home and the School and Medical Offices will be notified (4.4.2).
- Boarding students or boarding staff who screen positive for COVID-19 are expected to be **tested** via PCR/NAA test or other test accepted for this purpose by the County or State Health Department. Day students and non-boarding staff who screen positive for COVID-19 are strongly encouraged to consult with their primary care physician and/or get tested via via PCR/NAA test or other test accepted for this purpose by the County or State Health Department (4.4.3).
- Students and staff will **stay home** (for boarding students and boarding staff this means their boarding school home) when one or more of the following applies to them (4.4.4):

- Having tested positive for COVID-19 (“confirmed case”) or meeting criteria for “probable case”
 - Having screened positive for COVID-19
 - Having had close contact with a person with COVID-19 within the last 14 days. People who are fully vaccinated or who have tested positive for COVID-19 within the past 3 months do not have to stay home after having had close contact with a person with COVID-19 as long as they do not develop new symptoms meeting criteria for screening positive for COVID-19.
 - Taking fever reducing medication (e.g. acetaminophen, ibuprofen or naproxen). As long as there is no known or probable exposure to COVID-19, this does not apply if the medication is taken for chronically recurring pain (e. g. menstrual cramps, known migraine) or acute musculoskeletal injuries.
- Any **positive test result** for active COVID-19 shall be immediately communicated to the Medical Office which will coordinate the response in collaboration with the COVID Response Team and with the Chester County Health Department. All parents/guardians and staff of The Camphill School will be notified of a first COVID-19 case at the school; no personally identifying information about the person with COVID-19 will be provided for reasons of confidentiality. Contact tracing will be done in collaboration with the Chester County Health Department (4.4.5).
 - Students and staff will follow symptom-based, time-based and test-based strategies for **returning to school**, depending on their symptoms and if direct exposure to someone with COVID-19 occurred (4.4.6).
 - All **visitors and non-boarding volunteers** must screen themselves or be screened for signs and symptoms of COVID-19 (see 4.4.1) and are only allowed to enter the school premises if the screening is negative (i.e. no signs or symptoms). All visits have to be scheduled in advance. All visitors and non-boarding volunteers will receive instructions on health and safety procedures to follow while on school premises (4.6).
 - If a student **visits with his/her family**, both the student and the family members must screen themselves or be screened for signs and symptoms of COVID-19 (see 4.4.1) prior; if the screening is positive and the parents decide to follow through with taking their child home, return to campus will depend upon clearance by the Medical Office. Any exposure of students to COVID-19 while with their families must be immediately communicated to the Medical Office. Family visits will need to be limited in frequency and be scheduled in advance. Family members may only enter boarding homes for essential interactions and short periods of times (e.g. when picking up or dropping off their child); no close contact with other people in the home should occur during that time. (4.6).
 - Prior to **returning from vacations** at home, students will be screened for signs and symptoms of COVID-19, and parents will be required to affirm that they do not know of any exposure of their child to COVID-19 in the 14 days preceding return to campus (4.7).
 - Students and staff must comply with all applicable requirements of the CDC and the Secretary of the Pennsylvania Department of Health regarding testing and self-quarantine after **out-of-state and international travel** prior to return to school. Please see <https://www.health.pa.gov/topics/disease/coronavirus/Pages/Travelers.aspx> and <https://www.cdc.gov/coronavirus/2019-ncov/travelers/after-travel-precautions.html>. If testing after travel is recommended or required by the CDC or PA Department of Health, the student or staff member may only return to school after such testing has yielded a negative result. Staff is expected to not miss time at work due to self-quarantine because of out-of-state and international travel. (4.7).

2 Processes

2.1 COVID Response Team

The COVID Response Team is responsible for reviewing applicable public health guidance, updating the Health and Safety Plan as indicated and communicating it with the members of the school community. In the table below, we have identified the members of the COVID Response Team and the stakeholder group they represent.

Individual(s)	Job Title and Stakeholder Group(s) Represented
Sonja Adams	Co-Worker Admissions Coordinator, Day Program, Homemakers Group, Boarding Volunteer, Students of the Camphill Academy
Tobias Adams	Pedagogical Administrator, Day Program, Teachers' Faculty, Instructional Staff, Support Staff, Parent Group
Guy Alma	Director of Development, Transition Program, Transition Program Staff, Parent Group
Carsten Callesen	Director of Therapeutic Services, Medical Office, Boarding Program, Boarding Volunteers
Raphael Knauf	School Physician, Medical Office
Elizabeth Sanders	Administrator, Students of the Camphill Academy
Andreas Schuschke	Director of Programs, Special Education Teachers, Boarding Program
Claus Sproll	Director of Finance, Administrative Staff
Haleh Wilson Janisch	Special Education Teachers, Boarding Program, Transition Program, Homemakers Group

2.2 Communication

All staff, parents and other stakeholders will be informed of the contents of this plan and practical implications for the school program. The Health and Safety plan is posted on the school's website and emailed to parents and staff when significant changes occur. All members of the school community have the possibility to share concerns or questions with the COVID Response Team or their supervisor.

3 Programming

We plan for the school to be **open for in-person instruction** following the strategies and procedures listed in this plan as long as there are no government mandates to close and as long as there are no COVID-19 outbreaks at our school that require us to temporarily close. In the case of closure of in-person classroom instruction, boarding students will remain on-campus to maintain opportunity of access to the educational program. Beginning in September 2021, the school will offer temporary **remote learning** for students who are well but need to quarantine because of exposure to COVID-19. The school will no longer offer an ongoing remote learning option throughout the school year.

4 Prevention and mitigation strategies and procedures

4.1 Face coverings, handwashing and respiratory etiquette

The wearing of face coverings is optional for students and staff, in accordance with Summer Camp Guidance issued by the Chester County Health Department on June 10, 2021. All students and staff will be trained in appropriate handwashing procedures and respiratory etiquette and corresponding supplies will be provided.

4.2 Physical distancing

4.2.1 General principles

The school will be cohorted into units consisting of several residential homes and classes each. Between members of different units, there should be no close contact (defined as being closer than 6 feet for at least 15 minutes cumulatively over a 24-hour period), to the highest degree possible. Between students and staff members of different residential homes and classes within the same unit, close contact should be limited as much as possible, but will regularly be necessary for programming reasons.

4.2.2 Spaces

Classrooms and other learning spaces will be organized to allow for the highest degree of physical distancing possible. Communal indoor areas such as common rooms usually used for movement instruction, recess or assemblies will be used only by one unit at a time, followed by a break before another unit is permitted to use the area. Class transitions will be scheduled to limit numbers of students in hallways at any time to the maximum extent possible. The school serves meals in a small-group setting (i.e. not in a cafeteria or similar congregate setting). The school's large and beautiful outdoor spaces will be used, weather permitting, to diversify instruction and increase the possibility of physical distancing among students and staff.

4.2.3 Excursions

All excursions must follow orders and guidance by public health authorities. Close contact (defined as being closer than 6 feet for at least 15 minutes cumulatively over a 24-hour period) to members of the general public should not occur and therefore crowded settings need to be avoided. Masking needs to follow all applicable recommendations. For excursions to indoor venues, parents should be informed prior to the excursion and be given an opportunity to express questions or concerns.

4.3 Cleaning and ventilation

All buildings on the school's campuses will be subject to cleaning in accordance with CDC guidance. Regular cleaning and ventilation procedures will be implemented. High touch surfaces and objects (such as door handles, sink handles, etc.) should be cleaned at least daily. The school will ensure ventilation systems operate properly and increase air circulation by opening windows and doors when possible.

4.4 Monitoring student and staff health, testing, staying home and protocols for COVID-19 at the school

The protocols described below may change based on updated guidance by public health authorities. Please note that all personal medical information needs to be treated confidentially and must not be disclosed to unauthorized people or organizations. The Medical Office (phone 610-469-0862; email: medical@camphillschool.org) will collaborate with the Chester County Health Department regarding isolation, quarantine, contact tracing and testing requirements.

4.4.1 Definitions

- **Screening for COVID-19** means to evaluate if the following are present:
 - a. One or more of the following:
 - Cough
 - Shortness of breath or difficulty breathing
 - New decrease in smell or taste
 - b. Two or more of the following:
 - Fever (subjective or measured - axillary or temporal T 99.5° F or higher; oral T 100.4° F or higher)
 - Sore throat
 - Runny nose/congestion
 - Chills
 - Rigors

- Muscle pain
 - Headache
 - Nausea or vomiting
 - Diarrhea
 - Fatigue
- **Screening positive for COVID-19** means that a and/or b are met.
 - **Close contact** is defined as being a household member or having been closer than 6 feet for at least 15 minutes cumulatively over a 24-hour period to the person in question while the person was symptomatic and/or 48 hours before symptom onset or having direct contact with infectious secretions of the person in question (e.g., being coughed on). If the individual was asymptomatic at the time they were diagnosed with COVID-19, this time frame begins 48 hours prior to the time of collection of the positive test.
 - **Confirmed case of COVID-19** means those confirmed through an approved laboratory test.
 - **Probable case of COVID-19** means screening positive for COVID-19 and having had close contact to a confirmed or probable COVID case in the 14 days prior to start of symptoms. If a person with probable COVID-19 has a negative PCR/NAA test, they are not considered a case of COVID-19 anymore.
 - People are considered **fully vaccinated** 2 weeks after their second dose in a 2-dose series (such as the Pfizer or Moderna vaccines), or 2 weeks after a single-dose vaccine (such as Johnson & Johnson's Janssen vaccine). If you are immunocompromised, talk to your healthcare provider.

4.4.2 Screening

- All students and staff will be screened or screen themselves for COVID-19 at the beginning of the day:
 - Boarding students and staff will be screened or screen themselves at their boarding homes.
 - Day students will be screened by their parents at home prior to leaving for school.
 - Non-boarding staff will screen themselves at home prior to leaving for school.
 - If screening is positive, student or staff will stay at home and notify the School and Medical Offices.
- Staff and parents will be provided with screening log sheets and instructions for screening.
- If a day student or non-boarding staff appears ill at school, they will be brought to a separate isolation room and be screened or screen themselves for COVID-19. People who screen positive should wear a face mask, if possible. If screening is positive, students will be picked up by their parents/guardians as soon as possible, staff will return home and the School and Medical Offices will be notified. Any individual supporting the isolation room should enter with full COVID-19 Personal Protective Equipment (PPE) to include eye protection, gloves, gowns, as much as possible; upon exiting the room, the PPE should be taken off.
- If a boarding student or member of staff appears ill at school, they will return to their boarding home and be screened or screen themselves for COVID-19. People who screen positive should wear a face mask, if possible. The associated homemaker will be notified. If screening is positive, the School and Medical Offices will be notified.

- 911 should be called if the situation of the ill person requires it (including but not limited to trouble breathing, persistent pain or pressure in the chest, new confusion, inability to wake or stay awake, and bluish lips or face).
- The School Office will monitor absences of students and staff.

4.4.3 Testing for COVID-19

- Boarding students or staff who screen positive for COVID-19 are expected to be tested via PCR/NAA or other test accepted for this purpose by the County or State Health Department.
- Day students and non-boarding staff who screen positive for COVID-19 are strongly encouraged to consult with their primary care physician and/or get tested via PCR/NAA or other test accepted for this purpose by the County or State Health Department.
- Testing of asymptomatic contacts will be done as recommended by public health authorities.
- Any positive tests of students or staff shall be immediately communicated to the Medical Office of The Camphill School. The Medical Office will communicate with the Chester County Health Department. Communication with the Office of Developmental Programs will occur as indicated.

4.4.4 Staying home when appropriate

- Students and staff need to stay home (for boarding students and staff this means their boarding school home) when one or more of the following apply to them:
 - Having tested positive for COVID-19 (“confirmed case”) or meeting criteria for “probable case”
 - Having screened positive for COVID-19
 - Having had close contact with a person with COVID-19 within the last 14 days. People who are fully vaccinated or who have tested positive for COVID-19 within the past 3 months do not have to stay home after having had close contact with a person with COVID-19 as long as they do not develop new symptoms meeting criteria for screening positive for COVID-19.
 - Taking fever reducing medication (e.g. acetaminophen, ibuprofen or naproxen). As long as there is no known or probable exposure to COVID-19, this does not apply if the medication is taken for chronically recurring pain (e. g. menstrual cramps, known migraine) or acute musculoskeletal injuries.
- The Medical Office must be immediately notified when the listed criteria are met.
- When showing symptoms of COVID-19 and/or having tested positive for COVID-19, the individual should limit contact with other people and use a personal bathroom as much as possible. For direct interactions, personal protective equipment (mask, gown/apron, gloves, eye protection) should be worn as much as possible by the provider of care. The ill individual should wear a mask during that time if possible. Good hand hygiene is essential.
- Boarding students and staff: Given the specific needs of our student population, time outdoors and outside of a person’s room may be essential in the situations described in this section to avoid behavioral decompensation. The measures described in this section shall be implemented to

the greatest extent possible. Physical distancing of at least 6 feet from members of other house communities must be maintained and campus must not be left when meeting the criteria in this section.

- Staff designated as essential who has had recent close contact with someone with COVID-19 but remains asymptomatic may continue to perform their tasks as long as they pre-screen, perform regular self-monitoring, wear a face mask at all times and physically distance as much as feasible while performing their tasks.

4.4.5 Probable or confirmed case of COVID-19

- Any positive test result for active COVID-19 shall be immediately communicated to the Medical Office, which will coordinate the response in collaboration with the COVID Response Team and the Chester County Health Department. If the person is present on school property when the school is notified of the positive case information, the person should immediately, but discreetly, be taken to an isolation space for pick up (if student) or asked to return home (if staff).
- The Medical Office, in collaboration with the Chester County Health Department (or other health department if applicable), will contact a student's parents or staff person with COVID-19, inform close contacts of their possible exposure, and give instructions to those involved, regarding self-quarantine, isolation and exclusions. The individual who tested positive will not be identified in communications to the school community at large but may need to be selectively identified for contact tracing.
- Contact tracing: The Medical Office of The Camphill School will closely collaborate with the Chester County Health Department to identify people who had close contact with the person who tested positive. These people will be advised about this contact, follow the points of "4.4.4 Staying home when appropriate" and should be considered exposed.
- If close contact to COVID-19 of a day student or non-boarding staff becomes known while they are at school and they need to stay home per 4.4.4 ("quarantine"), they will be brought to a separate quarantine room. Quarantined people should wear a face mask, if possible. Students will be picked up by their parents/guardians as soon as possible, staff will return home and the School and Medical Offices will be notified. If an entire class needs to be quarantined, the class should remain in their regular classroom as a temporary quarantine room.
- If close contact to COVID-19 of a boarding student or member of staff becomes known while they are at school and they need to stay home per 4.4.4 ("quarantine"), they will return to their boarding home. Quarantined people should wear a face mask on the way to their boarding home, if possible. The associated homemaker and the School and Medical Offices will be notified.
- All parents/guardians and staff of The Camphill School will be notified of a first COVID-19 case at the school; no personally identifying information about the person with COVID-19 will be provided for reasons of confidentiality.
- The public rooms used by the person with COVID-19 shall be cleaned following CDC guidance.

4.4.6 Return to school

- After **screening positive for COVID-19 and having a negative PCR/NAA test for COVID-19**: Return to school will follow usual readmission criteria after acute infectious illness (symptoms are improved for at least 24 hours, fever-free without fever-reducing medications for at least 24 hours, no vomiting in at least 24 hours etc.).
- After being diagnosed with **confirmed or probable COVID-19** or after **screening positive for COVID-19 and not getting tested**, the individual may return to school once **all** of the following criteria are met:
 - Individual has been fever-free for at least 24 hours without using fever-reducing medicines **and**
 - Symptoms are improved **and**
 - At least 10 days have passed after the day when symptoms first appeared. (Loss of taste and smell may persist for weeks or months after recovery and need not delay return to school. Different time frames apply for people who had severe COVID-19 and/or who have severely weakened immune systems.)
- **Students and staff with laboratory-confirmed COVID-19 who have not had ANY symptoms** may discontinue home isolation when at least 10 days have passed since the date of their first positive COVID-19 diagnostic test, if they have had no subsequent illness.
- An individual using fever-reducing medication (see “3.4.4 Staying home when appropriate”) may return when medication is no longer needed. However, if they ever screened positive for COVID-19, the corresponding criteria for return to school must be met.
- **A student or staff member who is quarantined** following close contact with someone with COVID-19 and remains asymptomatic may not return to school until 14 days after exposure (or during a different time frame, depending on guidance by the health department). A negative test obtained prior to the end of quarantine does not clear an individual for return. The entire quarantine period must be completed.

4.5 Vaccination against COVID

Staff has been informed of possibilities for getting vaccinated. In general, it is the responsibility of parents to get their children vaccinated. If a residential student’s parents want their child to get vaccinated and the timing of the vaccination and the parents’ distance from the school precludes them from taking their child to the vaccination appointment, they should contact the student’s homemaker. The Camphill School will try to support getting the student to the vaccination appointment, however, availability of this support is dependent on the staffing situation at any potential vaccination appointment time. Scheduling of the appointment remains the parents’ responsibility. The parents will need to complete a consent form prior.

The Camphill School encourages staff and students who have been fully vaccinated to submit proof of vaccination to the Medical Office, so that this information is quickly accessible for quarantine decisions in the event of a case of COVID-19 at the school. Submission of this information is entirely voluntary.

4.6 Visitors and volunteers

All visitors and non-boarding volunteers must screen themselves or be screened for signs and symptoms of COVID-19 (see 4.4.1) and are only allowed to enter the school premises if the screening is negative (i.e. no signs or symptoms). All visits have to be scheduled in advance. All visitors and non-boarding volunteers will receive instructions on health and safety procedures to follow while on school premises, including physical distancing to the highest degree possible.

If a student visits with his/her family, both the student and the family members must screen themselves or be screened for signs and symptoms of COVID-19 (see 4.4.1) prior; if the screening is positive and the parents decide to follow through with taking their child home, return to campus will depend upon clearance by the Medical Office. Any exposure of students to COVID-19 while with their families must be immediately communicated to the Medical Office. When a student visits home, we request that the family follow all applicable public health guidance during the visit and the 14 days preceding the student's visit.

Family visits will need to be limited in frequency and be scheduled in advance. Family members may only enter boarding homes for essential interactions and short periods of times (e.g. when picking up or dropping off their child); no close contact with other people in the home should occur during that time. All family visitors will receive instructions on health and safety procedures to follow while on school premises, including physical distancing to the highest degree possible.

4.7 Return to school after vacation and travel

Prior to returning from vacations at home, students will be screened for signs and symptoms of COVID-19, and parents will be required to affirm that they do not know of any exposure of their child to COVID-19 in the 14 days preceding return to campus.

Students and staff must comply with applicable requirements of the Secretary of the Pennsylvania Department of Health after out-of-state travel prior to return to school (<https://www.health.pa.gov/topics/disease/coronavirus/Pages/Travelers.aspx>).

Students and staff must comply with applicable requirements after international travel. The CDC's recommendations for return from international travel are considered requirements (<https://www.cdc.gov/coronavirus/2019-ncov/travelers/after-travel-precautions.html>).

If testing after travel is recommended or required by the CDC or PA Department of Health, the student or staff member may only return to school after such testing has yielded a negative result.

It is the responsibility of those travelling out-of-state and internationally to stay up-to-date with any applicable requirements and to plan accordingly. Staff and students are required to submit documentation that applicable requirements have been met prior to return to school. Staff is expected to not miss time at work due to having to meet requirements after out-of-state and international travel.