



*THE CAMP HILL SCHOOL*  
*Medical Office*

**ACUTE ILLNESS POLICY**

**Staying home when appropriate**

**Students and coworkers need to stay home for at least one day after one or more symptoms of an acute, possibly infectious illness have started.** These include, but are not limited to:

- Fever (temperature greater than 100°F)
- New symptoms of possibly infectious illness like cough, vomiting, diarrhea, headaches, body aches, pink eye, sore throat, nasal congestion etc.
- Live lice
- Rash of unknown origin, ringworm
- Appearing physically unwell

Students and coworkers will be sent home/will return home if one or more of the symptoms above newly present at school.

**Return to school**

The following criteria need to be met prior to return to school:

- Fever-free without using fever-reducing medication for at least 24 hours
- No vomiting or significant diarrhea without using anti-nausea or anti-diarrhea medication for at least 24 hours
- Symptoms are improving
- Lice: Lice treatment completed
- Ringworm: Under treatment and covered with a band aid or the like
- Physically well (appetite back to normal, energy level back to normal etc.)
- If applicable: Cleared to return by Chester County Health Department

## **COVID-19-specific policies**

The CDC recommends that students and coworkers with **symptoms of COVID-19** (fever, cough, shortness of breath, sore throat, nasal congestion, vomiting, diarrhea, headaches, body aches, new loss of taste or smell) get tested for COVID-19 via rapid antigen or PCR test.

People **diagnosed with COVID-19** need to stay home until the general criteria for return to school are met and at least five days after symptom onset (after testing positive if completely asymptomatic) have passed. They should wear a well-fitting N95 mask or, if that is not possible, a surgical mask until ten days after symptom onset. If they have two negative rapid antigen tests collected at least 48 hours apart, they may stop wearing a mask earlier.

People with **recent exposure to COVID-19** should wear a well-fitting N95 mask or, if that is not possible, a surgical mask until seven days after exposure have passed. The CDC recommends they get tested for COVID-19 via rapid antigen or PCR test five days after exposure.